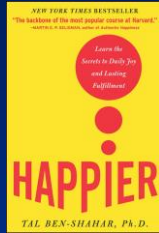


Review Slide: 2nd Book "Flow"



Tal Ben-Shahar
"Happier"

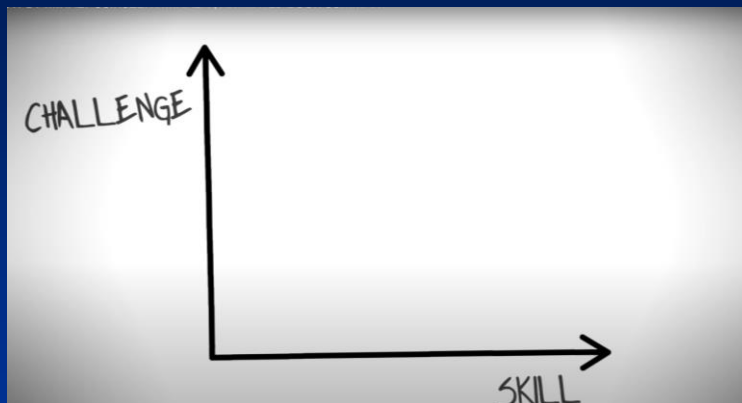


Mihaly
Csikszentmihalyi
"Flow"
"無我夢中"



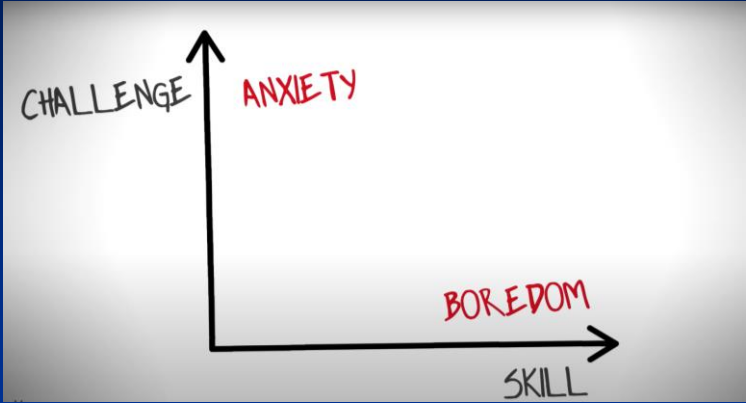
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Flow...Csikszentmihaly

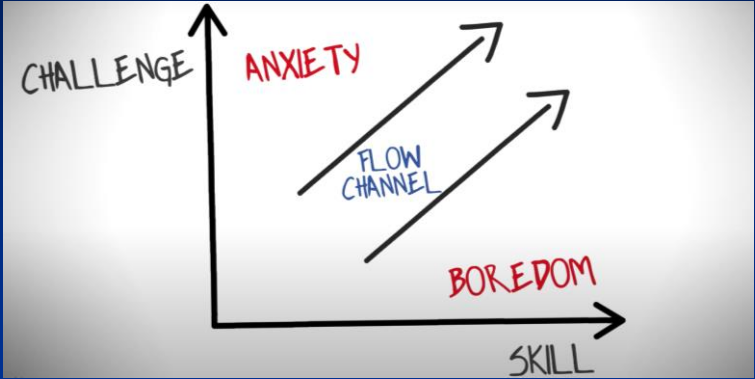


<https://www.youtube.com/watch?v=8h6IMYRoCZw>

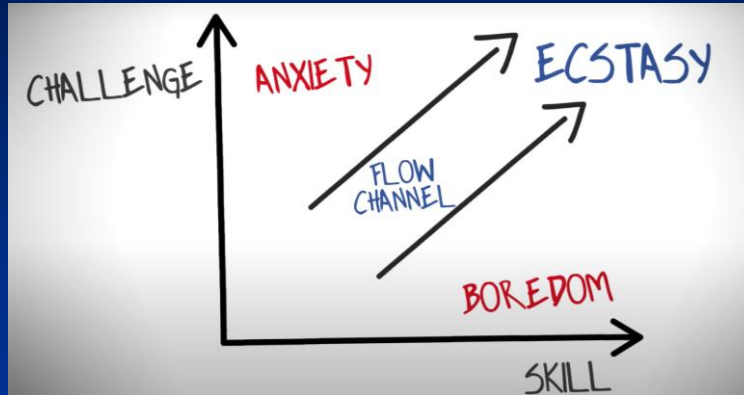
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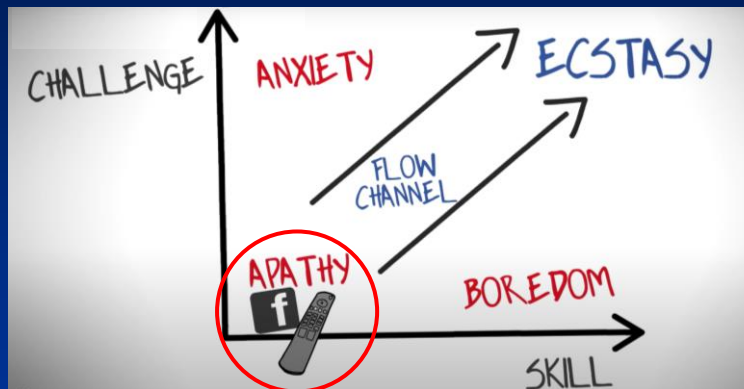
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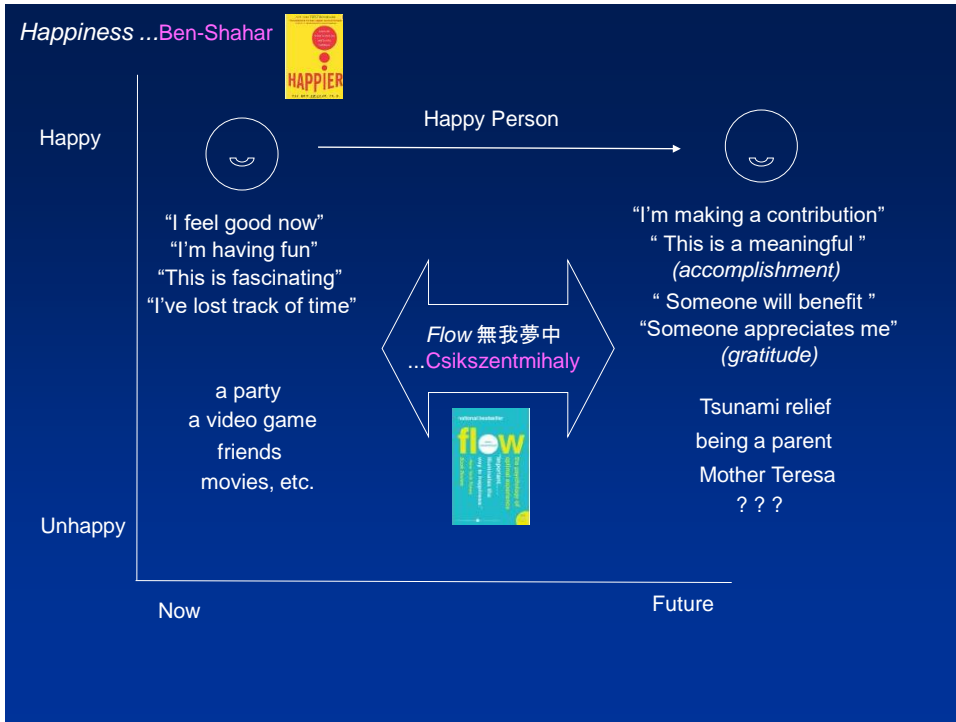
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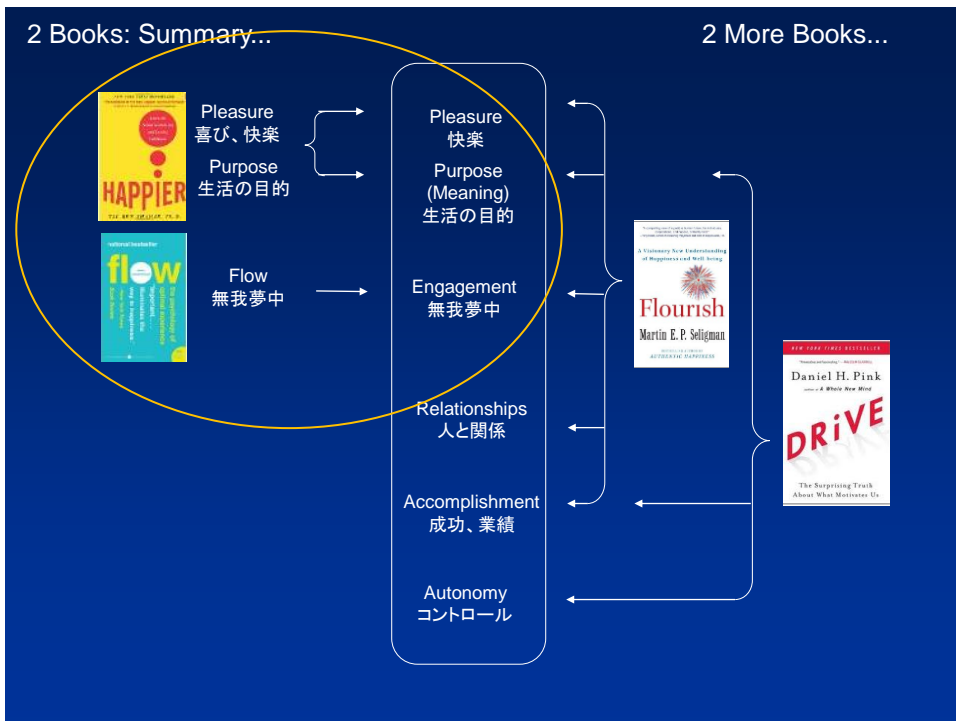
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6



7



8